

August 19, 2005 Greetings,

Within this last month, many new and wonderful things are unfolding for Sheila's Shawls and Paul's Scarves:

- Our two online groups have merged to become one for easier access for all. Please visit and join us at <http://groups.yahoo.com/group/SheilasShawls> to learn more about the projects, volunteer to create, collect, distribute or donate, become a Volunteer Knitter or State Representative, or to let us know of people and places in your area who could benefit from receiving Sheila's Shawls and Paul's Scarves.
- We're very happy to share that several great new folks have offered to help in the following ways:

Volunteer Knitters: Connie from MN and Ida from upstate New York. Thank you!

New State Reps: Danielle in IL, Renee in MN, Ida in NY, Vicki in TX. Thank you!

- Note: Would those who have already been knitting or 'repping' for Sheila's Shawls contact me, so we can connect -- and so I can add your names and contact information to our growing lists of Volunteer Knitters and State Reps. (I'll be away Aug 6-16, so there may be a little delay in my getting back to you. Thanks.)

Here are a few of the messages we've received this month from those who've found our Sheila's Shawls group:

I love to knit and crochet and was touched when I read about this group ...

- Hi. I am a former abuse victim, but victim no more!! I am an RN who is interested in forensic nursing, helping abused and sexually assaulted women, and this is a wonderful way to do it!
- I am so honored to be a member of this group...anything anyone needs, just ask. I am hoping and praying that I can be an inspiration to some folks, and can help others...
- My mother was given one of the shawls and she was very emotional. She stated that she will sleep with it and cherish it. This is a good idea, for when it was given to us, my mother stated that she felt like a load was lifted off of her.
- God bless you for all you do to bring comfort and peace to unraveling lives.

Special Announcement: We're overjoyed to announce a wondrous new connection with the musician Marina Raye -- "The Feminine Voice of the Native Flute" -- who plays the most soothing and healing music I've ever heard ;-)
(www.marinaraye.com)
Marina is graciously and generously donating tapes and CDs of her music to Sheila's Shawls and Paul's Scarves! Very soon, each time we gift someone with the comfort of a healing shawl or scarf, we'll also be able to enclose a gift of soothing sounds of healing music.
We offer many, many thanks to Marina for her generous spirit and amazing gifts!
(I'm happy to share Marina's been so moved by our work that she has picked up her needles and yarn again -- and is knitting now for the first time in 35 years...yes!)

We look forward to more wonderful ways and connections to move this work forward and to reach those in need. Please let me know if there's any way we can help you - or, if there are ways that you can help us ;-)
Thanks!

Peace be in the heart -- and peace be in the home.

Susan Bourne

National Coordinator

Sheila's Shawls & Paul's Scarves

<http://groups.yahoo.com/group/SheilasShawls>